

# Muscle Figure

## Head

- 1 Major alar cartilage
- 2 Mandibular body
- 3 Hyoid bone
- 4 Galea aponeurotica
- 5 Epicranial muscle, Frontal belly of occipitofrontalis muscle
- 6 Auricularis anterior muscle
- 7 Auricularis superior muscle
- 8 Auricularis posterior muscle
- 9 Epicranial muscle, Occipital belly of occipitofrontalis muscle
- 10 Orbicularis oculi muscle
- 11 Zygomaticus minor muscle
- 12 Nasal muscle
- 13 Orbicularis oris muscle
- 14 Zygomaticus major muscle
- 15 Buccinator muscle
- 16 Masseter muscle
- 17 Risorius muscle
- 18 Depressor anguli oris muscle
- 19 Depressor labii inferioris muscle
- 20 Mental muscle
- 21 Mylohyoideus muscle
- 22 Anterior belly of digastric muscle
- 23 Parotid gland
- 24 Submandibular gland

## Neck

- 25 Superior belly of omohyoid muscle
- 26 Inferior belly of omohyoid muscle
- 27 Sternohyoideus muscle
- 28 Sternocleidomastoideus muscle
- 29 Scalenus anterior muscle
- 30 Scalenus medius muscle
- 31 Levator scapulae muscle
- 32 Splenius capitis muscle
- 33 Thyroid cartilage

## Superior extremity

- 34 Clavicle
- 35 Scapular spine
- 36 Deltoides muscle
- 37 Long head of biceps brachii muscle
- 38 Short (medial) head of biceps brachii muscle
- 39 Brachialis muscle
- 40 Lateral head of triceps brachii muscle
- 41 Long head of triceps brachii muscle
- 42 Brachioradialis muscle
- 43 Extensor carpi radialis longus muscle
- 44 Extensor carpi radialis brevis muscle
- 45 Pronator teres muscle
- 46 Flexor carpi radialis muscle
- 47 Palmaris longus muscle

- 48 Flexor digitorum superficialis muscle
- 49 Flexor carpi ulnaris muscle
- 50 Extensor digitorum muscle of hand
- 51 Extensor digiti minimi muscle
- 52 Extensor carpi ulnaris muscle
- 53 Anconeus muscle
- 54 Abductor pollicis longus muscle

## Inferior extremity

- 55 Tibia (shin bone)
- 56 Fibula
- 57 Medial malleolus
- 58 Lateral malleolus
- 59 Metatarsal bone I
- 60 Heel tendon
- 61 Gluteus maximus muscle
- 62 Tensor fasciae latae muscle
- 63 Iliotibial tract
- 64 Rectus femoris muscle
- 65 Vastus lateralis muscle
- 66 Vastus medialis muscle
- 67 Sartorius muscle
- 68 Iliopsoas muscle
- 69 Pectineus muscle
- 70 Adductor longus muscle
- 71 Gracilis muscle
- 72 Adductor magnus muscle
- 73 Semimembranosus muscle
- 74 Semitendinosus muscle
- 75 Long head of biceps femoris muscle
- 76 Short head of biceps femoris muscle
- 77 Tibialis anterior muscle
- 78 Extensor digitorum longus muscle (of foot)
- 79 Peroneus longus muscle
- 80 Peroneus brevis muscle
- 81 Lateral (great) head of gastrocnemius muscle
- 82 Medial head of gastrocnemius muscle
- 83 Soleus muscle
- 84 Flexor digitorum longus muscle
- 85 Extensor hallucis longus muscle

## Trunk

### Thorax

- 86 Breast bone
- 87 Xiphoid process
- 88 Manubrium of sternum
- 89 Rib
- 90 Infrapinatus muscle
- 91 Teres minor muscle
- 92 Teres major muscle
- 93 Latissimus dorsi muscle
- 94 Thoracolumbar fascia
- 95 Trapezius muscle, ascending part
- 96 Trapezius muscle, descending part

- 97 Trapezius muscle, transverse part
- 98 Serratus anterior muscle
- 99 Internal intercostal muscles
- 100 Abdominal part of pectoralis major muscle
- 101 Sternocostal part of pectoralis major muscle
- 102 Clavicular part of pectoralis major muscle
- 103 Transversus thoracis muscle
- 104 Diaphragm
- 105 Heart
- 106 Ascending aorta
- 107 Superior vena cava
- 108 Lung
- 109 Glandular lobules of breast

## Abdomen

- 110 Obliquus internus abdominis muscle
- 111 Obliquus externus abdominis muscle
- 112 Anterior sheath of rectus abdominis muscle
- 113 White line of abdomen
- 114 Rectus abdominis muscle
- 115 Tendinous intersection
- 116 Posterior sheath of rectus abdominis muscle
- 117 Arcuate line
- 118 Transversus abdominis muscle
- 119 Stomach
- 120 Liver
- 121 Gallbladder
- 122 Spleen
- 123 Small bowel (small intestine)
- 124 Colon
- 125 Crest of ilium