

# Muscles of Arm

## MA1

### Superior extremity

- |    |   |    |   |
|----|---|----|---|
| 1  | Clavicle  | 49 | Tendon of flexor pollicis longus muscle     |
| 2  | Acromion (acromial bone)                        | 50 | Tendon of extensor pollicis longus muscle   |
| 3  | Scapular spine                                  | 51 | Tendinous junction                          |
| 4  | Humerus   | 52 | Tendon of extensor digitorum muscle of hand |
|    | <b>Muscles</b>                                  | 53 | Tendon of triceps brachii muscle            |
| 5  | Subscapularis muscle                            |    | <b>Vessels</b>                              |
| 6  | Supraspinatus muscle                            | 54 | Axillary artery                             |
| 7  | Infraspinatus muscle                            | 55 | Anterior circumflex humeral artery          |
| 8  | Teres minor muscle                              | 56 | Brachial artery                             |
| 9  | Teres major muscle                              | 57 | Superior collateral ulnar artery            |
| 10 | Deltoid muscle                                  | 58 | Radial artery                               |
| 11 | Biceps brachii muscle                           | 59 | Ulnar artery                                |
| 12 | Long head of biceps brachii muscle              | 60 | Posterior interosseous artery               |
| 13 | Short (medial) head of biceps brachii muscle    | 61 | Anterior interosseous artery                |
| 14 | Brachialis muscle                               | 62 | Superficial palmar branch of radial artery  |
| 15 | Coracobrachialis muscle                         | 63 | Superficial palmar arch                     |
| 16 | Lateral head of triceps brachii muscle          | 64 | Common palmar digital arteries              |
| 17 | Long head of triceps brachii muscle             | 65 | Proper palmar digital arteries              |
| 18 | Medial head of triceps brachii muscle           | 66 | Dorsal metacarpal arteries                  |
| 19 | Brachioradialis muscle                          | 67 | Dorsal carpal branch of ulnar artery        |
| 20 | Extensor carpi radialis longus muscle           |    | <b>Nerves</b>                               |
| 21 | Extensor carpi radialis brevis muscle           | 68 | Thoracodorsal nerve                         |
| 22 | Pronator teres muscle                           | 69 | Ulnar nerve                                 |
| 23 | Flexor carpi radialis muscle                    | 70 | Median nerve                                |
| 24 | Palmaris longus muscle                          | 71 | Musculocutaneous nerve                      |
| 25 | Flexor carpi ulnaris muscle                     | 72 | Axillary nerve                              |
| 26 | Flexor digitorum superficialis muscle           | 73 | Radial nerve                                |
| 27 | Flexor digitorum profundus muscle               | 74 | Deep branch of radial nerve                 |
| 28 | Flexor pollicis longus muscle                   | 75 | Anterior interosseous nerve of forearm      |
| 29 | Pronator quadratus muscle                       | 76 | Proper palmar digital nerves of ulnar nerve |
| 30 | Extensor digitorum muscle of hand               | 77 | Superficial branch of radial nerve          |
| 31 | Extensor digiti minimi muscle                   |    |   |
| 32 | Extensor carpi ulnaris muscle                   |    |   |
| 33 | Anconeus muscle                                 |    |   |
| 34 | Supinator muscle                                |    |   |
| 35 | Abductor pollicis longus muscle                 |    |   |
| 36 | Extensor pollicis longus muscle                 |    |   |
| 37 | Extensor indicis muscle                         |    |   |
| 38 | Extensor retinaculum                            |    |   |
| 39 | Dorsal interosseous muscles of hand             |    |   |
| 40 | Opponens pollicis muscle                        |    |   |
| 41 | Abductor pollicis brevis muscle                 |    |   |
| 42 | Flexor pollicis brevis muscle                   |    |   |
| 43 | Adductor pollicis muscle                        |    |   |
| 44 | Lumbrical muscles of hand                       |    |   |
| 45 | Abductor digiti minimi muscle of hand           |    |   |
| 46 | Flexor retinaculum                              |    |   |
| 47 | Tendon of palmaris longus muscle                |    |   |
| 48 | Tendon of flexor digitorum superficialis muscle |    |   |

UPPER EXTREMITY WITH MUSCLES

WHITE BASE



MA 2

MUSCLES		
1	subscapula muscle	46
2	supraspinatus muscle	47
3	infraspinatus muscle	48
4	teres minor muscle	49
5	teres major muscle	50
6	deltoid muscle	
7	biceps brachii muscle	51
7a	caput longum	52
7b	caput breve	
8	brachial muscle	53
9	coracobrachialis muscle	
10	triceps brachii muscle, caput longum	54
11	triceps brachii muscle, caput laterale	55
12	triceps brachii muscle, caput mediale	56
13	brachioradialis muscle	
14	extensor carpi radialis longus muscle	
15	extensor carpi radialis brevis muscle	
16	pronator teres muscle	57
17	radiocarpus muscle	58
18	palmaris longus muscle	59
19	flexor carpi ulnaris muscle	60
20	flexor digitorum sublimis muscle	61
	superficialis of finger	62
21	flexor digitorum profundus muscle	62a
		63
		64
22	flexor pollicis longus muscle	
23	quadratripronator muscle	
24	extensor digitorum muscle	65
25	extensor digiti minimi muscle	
26	cubitalis posterior muscle	
27	cubitalis riolani muscle	
28	supinator muscle	
29	abductor pollicis longus muscle	66
30	extensor pollicis longus muscle	67
31	extensor indicis muscle	68
32	retinaculum musculorum extensorum	69
33	tendo muscle extensoris pollicis longi	70
34	abductor pollicis brevis muscle	71
35	opponens pollicis muscle	
36	flexor pollicis brevis muscle	72
37	abductor digiti minimi muscle	73
38	retinaculum musculorum flexorum	74
39	mesothenar muscle	75
40	interossei dorsales muscles	
41	lumbricales muscles	
42	tendo muscle flexoris pollicis	
VESSELS		
43	axillary artery	
44	anterior humeral circumflex artery	
45	brachial artery	
45a	superior ulnar collateral artery	
	radial artery	
	ulnar artery	
	posterior interosseous artery	
	anterior interosseous artery	
	arcus palmaris superficialis,	
	radialis artery	
	arcus palmaris superficialis	
	arteres digitales palmares	
	communes	
	arteres digitales palmares	
	propriae	
	princeps pollicis artery	
	dorsal metacarpal arteries	
	dorsal carpal branch	
NERVES		
	thoracodorsal nerve	
	ulnar nerve	
	median nerve	
	musculocutaneous nerve	
	axillary nerve	
	radial nerve	
	lower branch of radial nerve	
	anterior interosseous nerve	
	digitales palmares proprii	
	nerves	
	superficial branch of radial	
	nerve	
BONES		
	Humerus	
	collar bone	
	acromion	
	mesoscapula	
TENDINES		
	Tendo musculus palmaris longi	
	Tendines musculus flexoris digitorum	
	profundus	
	Tendo of muscle extensor digitorum	
	Connexus intertendinei	
	Tendon of muscle biceps brachii	
	Tendon of muscle triceps brachii	