

Support Groups

Alcoholic Support Groups

- **Adult Children of Alcoholics**
- Phone: (813) 253-0506
- Hours: Call
- Fees: None
- Eligibility Requirements: General Public
- Services Offered: Provides a 12 step support group for adult children of alcoholics.
- Address: 610 ½ Horatio St. apt:3, Tampa, Fl. 33606
- **AA/Alcoholics Anonymous**
- Phone: 813-933-9123
- Hours: M, W, F – 9 A.M. – 5 P.M.
T, Th – 11 A.M. – 7 P.M.
Sat. – 9 A.M. – 1 P.M.
- Fees: None
- Eligibility Requirements: The general public that has the desire to stop drinking.
- Services Offered: Provides a 12 step recovery
- Address: 8019 N. Himes Ave. ste. 506 Tampa, Fl. 33614

Drug and Addictions

- **Narcotics Anonymous**
- Phone: 813-879-4357
- Hours: Call for times
- Fees: None
- Eligibility Requirements: The general public with a desire to stop drinking.
- Services Offered: offers recovery, fellowship and support for persons with drug problems.
- Address: Tampa, Fl. 33674
- **Center for Dual Addictions an Dual Disorders**
- Phone: 863-452-3858
- Fees: sliding fee scale or Medicaid
- Eligibility Requirements: general public 18 or older, referrals from mental health / substance abuse centers, probation or court system
- Services Offered: The program provides simultaneous treatment of these disorders using individual, group recreational, and occupational therapy.
- Address: 100 W. College Dr. Avon Park, Fl. 33825

Depression and Bi-Polar Support Group

- Place: Northdale Recreation Center
- Phone: 813-878-8906
- Hours: Thursday 7 – 8:30 P.M.
- Fees: None
- Eligibility Requirements: anyone suffering from depressive, or manic depressive disorders
- Services Offered: A program for people that suffer from depressive, or manic depressive disorders.
- Address: Springtree Dr. and Northdale Blvd. Tampa, Fl.

Pregnant Support Groups

- **Alpha House, "A Beginning" Inc**
 - Contact/Website-875-2024
[members.aol.c9om/ ht_a/ouralpha/main.html](http://members.aol.c9om/ht_a/ouralpha/main.html)
 - Hours: 8:30 a.m. - 4:30 p.m. M-F
 - Fees: N/A, Fees area charged once residents obtain employment
 - Requirements: N/A
 - Services offered- provide opportunities for pregnant women (of all ages) in crisis and their babies to create promising lives. Two programs available are the Maternity residence (20 beds) and Transitional housing (8 bedrooms)
 - empower pregnant and parenting women to break the cycle of abuse and poverty through individual mental health counseling, case management, career counseling, life skills classes, and parent education programs
 - Women (21 years and older) may stay for approximately 2 years; child-bearing children and teens may stay up to six months
- **MOMS (Mothers Offering Mothers Support) Club** (www.MomsClub.org)

Mom Support Groups

- **Place-** Mocha Moms
 - **Address-** P.O. Box 720461 Orlando, FL 32872-0461
 - For Tampa email-
 - **Contact** - Baiyina & Toni (*Co-Presidents* Location)
 - **Website** -<http://www.mochamomsoflorida.com/>
 - **Services Offered-** The Orlando Chapter of Mocha Moms, Inc. is part of a national organization that serves as a support group for stay-at-home mothers of color.
- **Place-** Tampa Bay Area Mothers of Multiples
Website-<http://www.tbamoms.com>
 - **Services offered-**Our organization provides friendship, support, and education, to expectant mothers of multiples, moms who have recently given birth to multiples, as well as growing families with multiples and singletons.
 - **Fees-** \$27 a year.

Gambling Support Groups

- Florida Council on Compulsive Gambling
901 Douglas Avenue, Suite 200
Altamonte Springs, Florida 32714
- **Telephone** : 407.865.6200
- **Fax** : 407.865.6103
- **E-Mail**: fccg@gamblinghelp.org
- **Call the FCCG HelpLine at**
(888-236-4848)
- **Gamblers Anonymous**
Support for people whose lives are being hurt by uncontrolled gambling. Our 12-step program has helped thousands of people with gambling problems.
Times: Monday, 7:30-9:30 p.m.
Wednesdays, 7:30 p.m.
Sunday, 7:00-9:00 p.m.
Locations: Algamus Recovery Center, Holmes Beach
First Presbyterian Church, Oak St., Sarasota
Manatee Memorial Hospital Cafeteria, Room 3
941-957-7928

Divorce Support Groups

- Name- University Church
- Address-10948 North Central Tampa, Fl 33612
- Contact- Mr. Chris Crispulos
- Name-Triumpant Church Fellowship
- Address- 3519 Del Largo Circle#282 Tampa, Fl 33614
- Contact- Mr. Craig Holloway
- Phone- (813) 932-5158

Sexual abuses support group

- Apple services
 - Main Phone numbers:(813) 264-9955
 - Hours: Monday to Friday 8:00 a.m.- 7:00 p.m.
 - Websites/email :
appleservices@crisiscenter.com
www.crisiscenter.com
 - Fees: none
 - Requirement : general public
 - Educate the community about the realities of sexual assault and self protection. Educational presentations are available for ages three and up.
- Joshua house (children's home society)
 - Phone: (813) 949-8946
 - Hours: Monday-Friday 8:00 a.m.
 - Website: www.joshuahouse.com
 - Fees: none
 - Requirement : you need a referral

Domestic violence

- Family violence prevention center (chapel hill)
 - Phone: (813) 247-1813, (813) 247-7233
 - Hours: Monday to Thursday 8:00 a.m. to 8:00 p.m. Friday 8 to 5 p.m.
 - Fees: free
 - Requirement: : victim of domestic violence.
 - Counseling services in English, Spanish, Creole and French.
- Alpha house of Tampa, inc
 - Phone: (813) 875-2024 , (813) 875-3307
 - Hours : Monday to Friday 8:00 a.m. – 4:30 p.m.
 - Fees : none
 - Requirement: pregnant women victim of domestic violence.
 - For pregnant women in crisis situations

Homicide survivors support group

- Homicide survivors support group
 - Main Phone: (813) 877-6890
 - Hours: 3rd Monday of the Month 7:00 P.M. - 9:00 P.M.
 - Email : daynoto@aol.com
 - Fees: none
 - Requirement: anyone affected by the trauma of a violent death.
 - Support group working with families or individuals that have been through a homicide. Provides emotional support, support with the courts. Counseling available at each meeting; homicide detectives and State Attorney's Office attend some meetings.
- The life center of the suncoast, inc.
 - Main Phone : (813) 237-3114
 - Hours: Monday to Friday 10:00 a.m. – 9:00p.m.
 - Website/ email: www.lifecenteroftampa.org , thelifecenter@tampa.rr.com
 - Fees: none
 - Requirement:: none
 - Meet the needs of the Survivors of Homicide , Dui or Hit and Run victims by providing psychotherapy specific to post-traumatic loss. and others

Rape support group

- Women's Studies University of South Florida
- Phone : (813) 974-3496
- Website: www.cas.usf.edu/womens_studies/index.html

Cancer Support Group

- Prostate Cancer Network, Florida
 - 813-806-2800
 - www.florida-prostate-cancer.org
 - Hours: M-F
 - Fees: Free
 - Requirement: males
 - Services: counseling, treatment program, and cancer prevention
- Breast Cancer Support Group-Moffit
 - 813-972-4673 ext 8407
 - www.moffit.usf.edu
 - Hours: Tues 10:30-12 Pm
 - Fees: Free
 - Requirement: females
 - Services: group discussion, message of hope, and prevention

Aids Support Group

- Tampa Bay Aids Network
- 813-869-5180
- www.tampam4m.com
- Hours: M-F
- Fees: Free
- Requirement: Hiv Affected
- Counseling, educational program, medications
- Positive Education Inc,
- 1877-966-1558
- www.pos-ed.com
- Hours: M-F
- Fees: Free
- Requirement: N/a
- Counseling, Hiv education program.

Alzheimer's Support Group

- Alzheimer's Association
- 813-684-1296
- www.alz-tbc.org
- Hours: by appointment
- Fees: Free
- Requirement: elderly
- Family service, support, and serve as advocate to elderly individual
- West Central Florida Agency on Aging
- www.agingflorida.com
- 813-740-3888
- Fees: free
- Requirement: individual over 60
- Caregiver assistant, healthcare information, educational program.