

HAWK VOLLEYBALL CAMPS 2010

Where Champions Come to Train

*7th in the nation in 2009

*8th in the nation in 2008

11th in the nation in 2007, 2006

*FCCAA State Champions in 2006

*Suncoast Conference Champions in 2008 and 2009

*Gulf District Championship and National Championship Appearance
in 2006, 2007, 2008, 2009.

**All camps are at the Dale Mabry Gymnasium Across from Raymond James Stadium*

STEP 1: REGISTER BY EMAILING (glarkin@hccfl.edu) REQUESTING A SPOT IN A CAMP

STEP 2: MAIL CHECK MADE OUT TO "Gary Larkin"

HCC Volleyball-DM

PO Box 30030

Tampa, FL 33630-3030

Max Attack Attacking Clinic

Our attacking clinic focuses on footwork, armswing, and hand contact. Once improved, a player may begin to pick apart defenses and execute a given game plan. Coach-centered high repetition drills, each with a detailed focus, instruct players on various shots necessary to be successful in HS and college. Camp T's are included.

June 21, June 23, June 24 5:30-8:30 (*note June 22 is an off day)

\$100

Middle School All Skills Boot Camp

HCC All Skills Camps focus on high repetition and self-esteem building. A majority of drills are coach-centered, so each player may be challenged according to her level. A high coach to camper ratio ensures individual attention for all. It's called Boot Camp because we want you to leave tired! Camp T's are included.

June 28, June 30, July 1 5-9pm (*note June 29 is an off day)

\$125

Larkin Setting Academy

As one of the premier setting mentors in the area, Larkin has a long list of setters who have gone on to successful college careers. 2 of the last 3 setters at HCC were named All-Americans. This camp focuses on quality repetitions and improving the setter's volleyball IQ and leadership ability. Space is limited to ensure a focused teaching environment. Setting Handbook and T's are included.

July 7-9 5:30-8:30

\$100

High School All Skills Boot Camp

HCC All Skills Camps focus on high repetition and self-esteem building. A majority of drills are coach-centered, so each player may be challenged according to her level. A high coach to camper ratio ensures individual attention for all. It's called Boot Camp because we want you to leave tired! Camp T's are included.

July 12-14 5-9pm

\$125

Brush Up Before Tryouts All Skills Clinic

HS tryouts are looming, so come and participate in focused drills to knock the rust off. You will work in drills with local players including college players.

Location: TBA

July 27-29 5:30-8:30

\$50

High School Team Competition Camp

*2 matches a night (8 total)

*\$200 per team

*5pm, 6pm, 7pm, 8pm time slots

*Dale Mabry Gymnasium

*Dates: June 15, 22, 29, July 6