



The Ybor Spotlight

Sept. 16-30, 2010 Calendar: Ybor Campus Happenings

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Please submit all announcements and information for the newsletter to dliller@hccfl.edu. The Ybor Spotlight is published on the first and 15th of each month.

-David Liller, Editor

Sept. 16	Constitution Day Voter Registration Drive – 11am-6pm – Ybor Plaza
	“East Meets West: Faculty Photography from Daytona State College” Lecture – “A Brief History of Eric Brietenbach” – 6:30pm-7pm – YPAB Mainstage Theatre
Sept. 17	NSLS Success Training and Orientation - 9am-4:30pm – YPST 325
	SGA Senator Congratulatory Ceremony – Noon-2pm – Ybor Room
	Collegiate 100 District Leadership Forum – Noon-4pm – YPST 314
	Student Activity Service Fee Budget Committee Meeting – Noon-4pm – YSSB 310
Sept. 18	CROP meeting -9am-1pm – Ybor Room - YPAB
Sept. 20	HCC Annual Wellness Fair – 8am-5pm – Ybor Room
	UNA Voce Choral Rehearsal – 7pm-10pm – YPAB 132
Sept. 21	Depression Awareness Meeting – 1pm-2pm – Ybor Room
Sept. 22	DECA Weekly Meeting – 5pm-6pm – YPST 320
Sept. 22-23	Alzheimer Awareness Performance– Noon-2pm (each day) – YPAB Mainstage Theatre
Sept. 24	SGA Weekly Meeting – Noon-2pm – YSSB 310
	Student Activity Service Fee Budget Committee Meeting – Noon-4pm – YSSB 310
	Collegiate 100 District Orientation – 1:15pm-3pm – YSSB 309
	Alzheimer’s Awareness Performance – 6pm-8pm – YPAB Mainstage
Sept. 25	CROP meeting -9am-1pm – Ybor Room – YPAB
Sept. 27	Operation College – 9am-10am; 5:30pm-6:30pm – Ybor Room
	Yoga Presentation – 11am-1:30pm – YPST 120
	Correctional Academy Graduation – 1pm-3pm – Ybor Room
	Nutritionist Presentation – 2pm-4pm – YSSB 307-308
	UNA Voce Choral Rehearsal – 7pm-10pm – YPAB 132
Sept. 28	Planned Parenthood Presentation – 10am-11am – Ybor Room
	HIV Awareness Presentation – Noon-1:30pm – Ybor Room
	Collegiate 100 General Meeting – 1pm-2pm – YSSB 308
	Health Awareness Presentation – 2pm-4:30pm – Ybor Room
	NSLS/Student Success Seminar “Your Success Capacity” – 7pm-8:30pm – Ybor Room

New York Artists Present Unique Dance-Multimedia Performances Sept. 30 – Oct. 3

As part of the Visual and Performing Arts Series Dance Ybor dance offerings, Hillsborough County Community College (HCC) Ybor Campus will present a shared evening of performances by New York City-based performance artists Meghann J. Snow and Amanda Szeglowksi/cakeface. The artists take to the stage in HCC's state-of-the-art 250 seat theater September 30 – October 3, 2010. Snow presents the premiere of *The Idea of Being Present* a new creation developed in collaboration with the HCC Ybor Dance students and the continually evolving *Dance Drawing*

Series #4: Time to Get Personal. Each work is a unique fusion of her visual artistry with live performance. Florida native, Szeglowksi and team cakeface bring *vice. (with mary kate)* a dance and text-based performance commenting on the millennial generation's penchant for small rebellions. cakeface also presents an original installation performed by the HCC Ybor Dance students.

An Artist "Talk Back" and reception will be held following the September 30 performance.

The Mainstage Theatre is in the Performing Arts Building of the Ybor City

campus of Hillsborough Community College. It is located at the corner of E Palm Ave and N 14th Street (performances are at 7:30 pm)

Admission is \$10.00 General Admission, \$5.00 Seniors and Students. All HCC Students, Faculty and Staff are admitted Free of Charge with valid ID.

Meghann J. Snow is originally from Cleveland, OH but currently lives and works in Brooklyn, New York. She graduated with her BFA from The Mary Schiller Myers School of Art in 2006 and received her MFA from Parsons The New School for Design in 2008. Her work consists of painting, video and ballet.

Amanda Szeglowksi is the Founding and Artistic Director of cakeface. A true product of Tampa Bay's arts education offerings, she was a founding class dance graduate of Howard W. Blake High School of the Arts and a dance and business summa cum lauded graduate of the University of South Florida. She is the Manager of Corporate Development and Public Relations for the international contemporary dance leader, Dance New Amsterdam.

Meghann Snow has participated in many solo and group shows at major galleries and museums in New York City.



Ybor City Campus Health Week Sept. 23-30

September 23:
Jessica Bayonet & SGA present a P.R.N Performance dedicated to Alzheimer's Awareness. The Dance will be held in the Performing Arts Building from 12pm (noon) until 2pm.

September 24: This will be the final time for this fascinating piece devoted to Alzheimer's Awareness - Performing Arts Building from 6pm until 8pm.

**September 27
11:30am-1:30pm:
YOGA EVENT –**
Come learn how to lose weight, gain energy, eliminate depression and/or tone up for the bikini with Shayna. *We will actually be doing Yoga so please wear something loosely fitted to obtain the best session even.*

2pm-4pm: Moffitt Center Nutritionist –
Kathy is currently the Director of the Department of Nutrition and a Registered Dietitian at the H. Lee Moffitt Cancer Center in Tampa. Kathy is visiting campus to

teach "Smart Steps to Healthier Eating"
These are some facts:

At least 55% of Adults in United States are overweight. At any given moment 1 out of 3 women are dieting.

September 28, 10am-11am: Planned Parenthood –
Planned Parenthood will provide a seminar on multiple topics referring to *birth control, pregnancy, relationship, sex and sexuality.*

**12:30pm-1:30pm:
Francis House –**
Since HIV/AIDS was first recognized in the 1980's, many things have changed.

2pm-4pm: Florida Health Department –
FHD will be on campus to inform students about different types of STD and ways to prevent and take care of these diseases. They will also hand out condoms and do private testing or give referrals to visit their clinic.

Florida Blood Service will be on Campus all day.

September 29, 10am-11:30am Safety

Awareness – MSgt Keith Barry, a professor on campus, will be advising students on being aware of our surroundings. He will go over on-campus and off-campus safety.

**1pm-2pm; 4pm-5pm:
Safety Defense Techniques – Rob Ward,** an Ybor student, will demonstrate some techniques to help students defend themselves and others from physical harm.

2:30pm-4pm: Crisis Center of Tampa Bay –
The center offers help, hope and healing to all people experiencing life's problems and challenges, big and small. Their services cover a wide range of needs regardless of income.

September 30, 11am-1:00pm: Love Seminar –
Guest speaker "**Ryan Clauson's** laugh out loud, funny, high energy presentation will teach students how to meet, attract and date the right person for them.

*On Sept. 30, from 4pm-6pm, get ready for **Speed Dating**, where students will have a fun mini date with every other person in the room and break down common myths students have about meeting new people and dating. See more details on the next page.*

HCC Speed Dating

Brought To You By
Ybor Student Government
Association



Hillsborough Community College

Meet, Mingle, Play

Come Enjoy Chocolate Dipped Strawberries, Cheese and Crackers, Champagne and Sweet Dialogue.

Program Goals:

- ◊ Teaching students how to have a fun, meaningful, and attractive conversation.
- ◊ Students will have a fun mini date with every other person in the room.
- ◊ Break down common myths students have about meeting new people and dating.
- ◊ Students will learn exactly what works, what does not work, and why, when it comes to starting conversations with strangers.

When

September 30, 2010

Where

YSSB Student Service Building

Time

4pm-6pm

-Ryan Clauson

“Structural Energetic Therapy® (SET) is a specific set of techniques... to release old structural patterns in order to rehabilitate and support a new balanced postural alignment.” –

© Copyright 2010 Heather H. Smith

Speed dating is a formalized [matchmaking](#) process or [dating system](#) whose purpose is to encourage people to meet a large number of new people. - Wikipedia

Pssst! Hey, you!
You really CAN feel better!



Heather H. Smith, BS, LMT, SET • www.BrandonSETCenter.com • 813-856-4SET (4738)

Date:
September 21, 2010

Time:
6:30pm - 9:30pm

Location:
HCC Dance Dept.,
Ybor Campus

Contact Info:
Christina Acosta
cacosta@hccfl.edu

**Free to the public...
So, bring a friend!!**

To kick off HCC's Health & Wellness week :

Join us for an entertaining evening of information, demonstration & the opportunity to experience this unique cranial / structural bodywork for yourself!

Conditions Improved by SET:

- Carpal Tunnel
- Neck, Back, Hip & Shoulder Pain
- Whiplash / Headaches
- Sciatica
- Herniated / bulging discs & Scoliosis
- Tendonitis
- Surgical Scars & Adhesions
- Nerve Entrapments
- Arthritis
- Osteoporosis
- Joint Flexibility
- TMJ
- Strains and Muscle Pulls
- Fibromyalgia
- ...and much more!

HCC - Ybor City Child Development Center Included in National Magazine Story

The HCC-Ybor Campus Child Development Center (CDC) was part of a story featured in Family Circle Magazine in August. The story centered on the efforts of Jennifer Francis, a frequent visitor of the CDC. Francis operates Bess the Book Bus, which is essentially a rolling library disguised as a school bus. Since 2002, Francis and her bus have distributed hundreds of thousands of books to children in hospitals, struggling schools and other deserving organizations.

Robin Pentz, director of the CDC, said, "Jennifer visits HCC-Ybor City monthly, and she reads and distributes books for each of the children to take home."

In fact, there are HCC According to the article, Francis originally used



money from her retirement plan to start up Bess the Book Bus. Now, bookstores help with expenses and she

has joined forces with a national group called First Book, which funds similar literary initiatives.

Jennifer Francis (pictured at left, in center) is a frequent visitor to the HCC-Ybor Campus Child Development Center, where the children get caught up in her love of reading.

*Photo by Robert Adamo
Photography
©2010*

Smart Board Training Begins for HCC-Ybor City Faculty

Ten faculty members from the HCC Ybor-City Campus have been selected to take part in training sessions on using SMART boards in education. The five communications faculty, three math faculty and

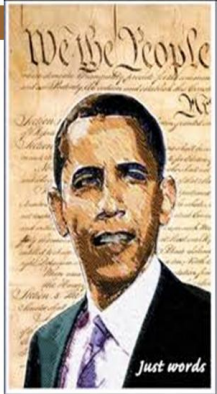
two computer science faculty will have to take part in three mandatory trainings, each with a direct instruction component, a lab component and an end product component. The

faculty will each receive a \$500.00 stipend for completing the training All trainings will take place in YADM 225 (Student Publications Lab).

The HCC- Ybor City Campus Library (YLRC, second floor) will have a Constitution Day Display on September 15, 16 and 17, and complimentary, pocket-sized copies of the constitution will be available, courtesy of SGA.

Hillsborough Community College
Student Government Association Presents


Constitution Day



When:
September 16, 2010

Where:
Breezeway of the Courtyard

Time:
11:00pm till 1:00pm



Federal Work Study Workshop

Students interested in working on campus, but don't know where to start?

Attend this work shop to learn more about the Federal Work Study (FWS) and Student Assistant Program on Monday, September 20th from Noon to 1:00.

Unless otherwise noted, all events are scheduled to take place in the Ybor Career Resource Center, Faculty Bldg. Room 104

Students!

Student Success Seminar Series

Listen - Learn - Extra Credit - Succeed!

Sponsored by SGA - Open to all HCC students

- **Wednesday, September 8 : Pedestrian and Campus Safety**
12:15pm - 1:15pm in the Ybor Room (Ybor Building)
- **Tuesday, September 28: Your Success Capacity**
7pm - 8:30pm in the Ybor Room (Ybor Building)
- **Wednesday, October 6: Building Your Resume**
1pm - 2pm in the Ybor Room (Ybor Building)
- **Tuesday, Oct. 19: Revealing a More Beautiful You**
7pm - 8:30pm in the Student Services Building (Room 307/308)
- **Wednesday, October 27: Avoiding Credit and Financial Disaster**
11am - 12 noon in the Ybor Room (Ybor Building)
- **Tuesday, November 9: Leveraging Facebook, Twitter and Your Digital Identity in College**
7pm - 8:30pm in the Ybor Room (Ybor Building)
- **Tuesday, November 16: Four-Year College Transfer Workshop**
11am - 12 noon in the Student Services Building (Room 307)

➤ *Denotes a seminar that is part of the SGA sponsored National Society of Leadership and Success program*

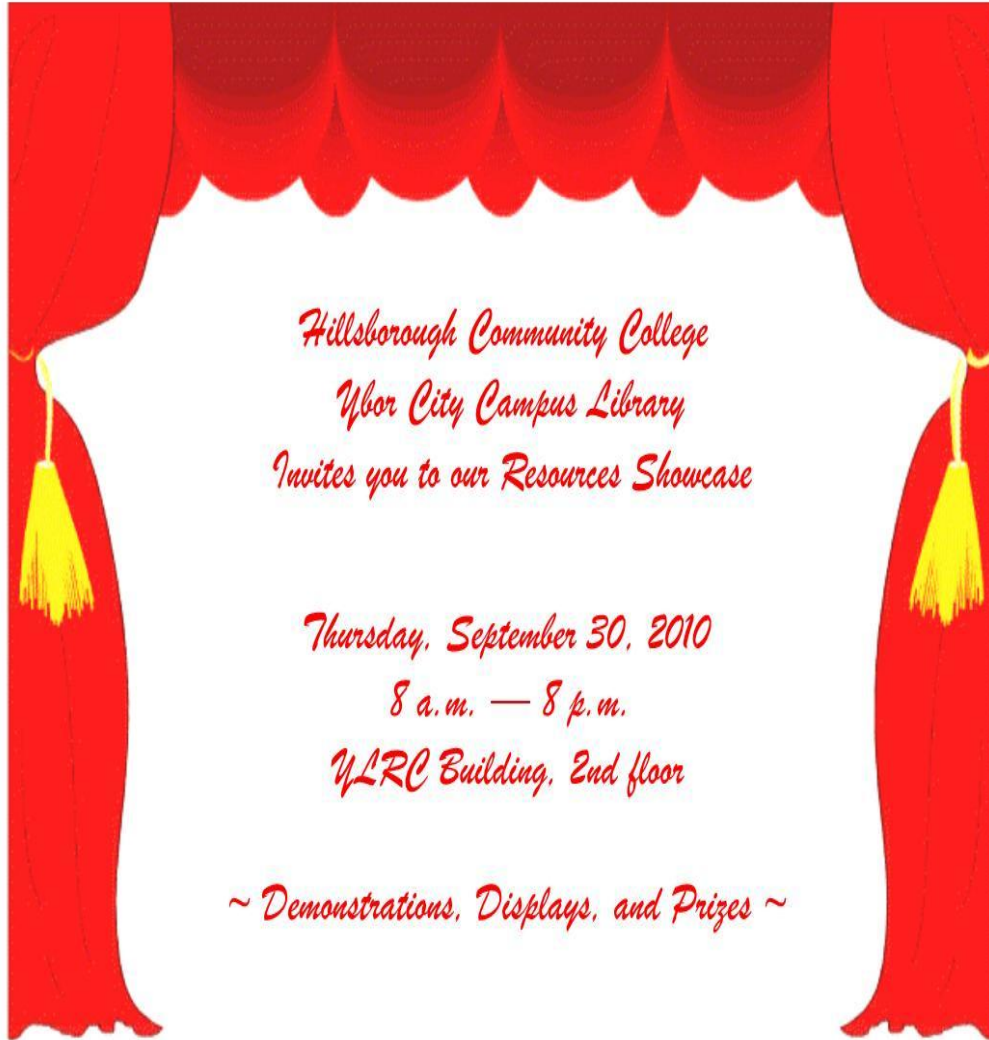
The next Student Success Seminar is Sept. 28, 7pm-8:30pm and will feature popular speaker Shaun Harper discussing "Your Success Capacity"

Student Success Seminar Series Returns

Being a safe pedestrian, avoiding credit and other financial disasters, and getting to transfer to a four-year college or university is just some of the topics in the fall 2010 schedule of student success seminars. According to David Liller, academic assistant to HCC-Ybor

City Campus President Shawn Robinson, the series has the goal of helping students succeed both in the out of the classroom. The seminars cover a wide range of topics to give students information to help them make good academic and life decisions.

This semester's seminars also feature topics that are part of the National Society of Leadership and Success, a new national organization on the HCC-Ybor City Campus. Those seminars are also open to all students as part of the support from SGA.



*Hillsborough Community College
Ybor City Campus Library
Invites you to our Resources Showcase*

Thursday, September 30, 2010

8 a.m. — 8 p.m.

WRC Building, 2nd floor

~ Demonstrations, Displays, and Prizes ~

** Digital Media: Documentary & Popular Movies * EAP | Learning English: Penguin Readers*

** Early Childhood Education * Library Databases * Pro/Con Issues*