

## Counseling Services

Professional counselors are available to help students with career decision-making, academic planning, and personal growth. Counselors help provide direction to and monitor the progress of students who are on academic probation and those who have been previously academically suspended or dismissed. All information students share with counselors is treated with strict confidentiality.

In addition to short-term individual and group counseling, counselors offer seminars and

workshops on study skills, time management, interpersonal skills, test anxiety reduction, and career exploration. All counseling services are free to students.

If students would like to meet with a counselor, call or stop by an HCC counseling office. Students will either be seen on a walk-in basis or given an appointment for a time in the immediate future.

## Disability Services

HCC makes every effort to help students with disabilities get the most out of attending college by providing reasonable accommodations to ensure access to all academic programs, campus organizations, services and activities, in accordance with the Americans with Disabilities Act (ADA) of 1990.

All HCC activities, organizations, courses and academic and technical programs are open to students with disabling conditions.

HCC facilities are, as a whole, accessible to persons with physical disabilities via ramps, automatic entrances, and elevators. Accessible restroom facilities, parking spaces, telephones and water fountains are also available.

### Who is Eligible?

The ADA defines a person with a disability as any person who has a physical or mental impairment that substantially limits one or more of such person's major life activities; has a record of such impairment; or is regarded as having such an impairment. **If students have one or more of the following disabilities, they may be eligible to receive services at HCC:**

- Specific Learning Disability
- Hearing Impairment
- Visual Impairment
- Physical Impairment
- ADD/ADHD
- Psychiatric Disability
- Alcohol/Drug Abuse
- AIDS
- Speech/Language Impairment
- Other Health Impairment

### Examples of Accommodations

HCC's Office of Services for Students with Disabilities provides a wide range of free services to meet the needs of disabled students.

Depending upon documentation provided, available accommodations/services include, but are not limited to:

- College Placement Test and new student orientation accommodations
- Learning Disability Specialist
- Sign Language Interpreter
- Reader
- Notetaker
- Books on tape
- Assistive computer hardware and software on campus
- Visual magnifier
- Alternative testing arrangement
- Petitions for course substitutions and CLAST Waivers will be considered

### How to Apply

A student or prospective student wishing academic accommodations must self-identify and provide appropriate documentation of their disability to the Office of Services for Students with Disabilities. Students should contact an HCC coordinator of services for students with disabilities to discuss documentation guidelines.

Students are encouraged to begin this process at least one month prior to the start of the semester. Students may schedule an appointment or visit us on a walk-in basis.