HCC Volleyball Camps 2012

Camps that please the player AND parent

...Training = Winning = Fun!

*All camps will be at the HCC Dale Mabry Campus Gym

HCC/Dale Mabry Campus
4001 West Tampa Bay Blvd.
Tampa, FL 33614

Registration
Mail this form and checks made out to Gary Larkin
Larkin/Volleyball
P O Box 30030
Tampa FL 33630-3030
(Receipt will be provided on first day of each session)

PLEASE PROVIDE:

Athlete’s Name: ____________________
Camp Selected: ____________________
Age: ______________________________
T-Shirt Size: _______________________
Parent’s Name: ____________________
Player’s email: _____________________
Parent’s email: _____________________
Parent’s mobile: ___________________

*For registration information email glarkin@hccfl.edu.
*Reserve spots early as numbers are limited to insure a 6:1 camper to coach ratio. Last year all camps sold out!
2012 Camp Offerings

HCC High School Summer Competition Camp
June 12, 19, 26, July 10, 12 (playoffs)
2 matches per night
5-9pm (schedule pending)
*Your HS coach will handle the registration.

HCC All Skills Boot Camp
June 27-29
5-8:30pm
This camp is suitable for all ages as players are grouped by age and ability. It includes the fundamentals of footwork, hand contact, arm-swing, and ball-handling. Campers can expect high repetition drills addressing serving, serve receive, defense, out-of-system play, attacking, and competitive play. It is good and good for you!

Larkin Setting School
July 9-11
9-12:30 (drop off starting at 8:30am)
This camp is by far our most popular as Larkin has a history of building setters into All-Americans and NCAA starters. Setters (or players who simply want to improve their setting skills) set, set, and set some more. Setters will be trained in the fundamentals of delivery, offensive concepts, attacking, and setter defense. All ages are welcome. This camp is usually the first to sell out!
Max Attacking School
July 17-18
5-8:30pm

Rest up for this one; you’ll need your legs underneath you. Attackers will hone their fundamentals and then take on advanced attacking technique. Attackers will be instructed in off body line attacking, tooling, shot-making, and avoiding the block. Understanding the details speeds development. All ages welcome as players are grouped by age and ability.

Dirty Defense and Serve Receive
July 19-20
5-8:30pm

This camp is suitable for 6-rotation players, liberos, and primary serve receivers. We won’t jump much, but we will GET AFTER IT on defense. Bring kneepads and plenty of Band-Aids. Campers will learn to relax in serve receive and sharpen their defensive attitude during play. All ages welcome as players are grouped by age and ability.
Team Training Camp (by invitation only) $250/player
July 23-26
9-5pm (Days 1-3) 9-2pm (Day 4)

Includes head coach input, skill development, technique training, in and out of system play, team offense, team defense, and competition.

To be placed on a waiting list, ask your HS coach to email Coach Larkin at glarkin@hccfl.edu.