Study Questions (Worksheet)

1. Where and when did Hinduism originate?

_____________________________________________________________________________
_____________________________________________________________________________

2. What does the term *Aryan* signify in an Indian context?

_____________________________________________________________________________
_____________________________________________________________________________

3. What did ancient Aryans show great control over – what is “one of their greatest achievements”?

_____________________________________________________________________________
_____________________________________________________________________________

4. What is the *Brahman*?

_____________________________________________________________________________
_____________________________________________________________________________

5. What is the title of the Vedic sacred texts?

_____________________________________________________________________________
_____________________________________________________________________________

6. What did the eighth-century Hindu philosopher and theologian Shankara believe about “reality”? What did he see as the goal of human existence?

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

7. Who was Ramanuja? How did his views differ from Shankara’s?

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
8. What did Ramanuja see as being “the body of God”?

_____________________________________________________________________________
_____________________________________________________________________________

9. What are the Vedas and what language are they composed in?

_____________________________________________________________________________
_____________________________________________________________________________

10. What are dharma, karma, artha and moksha?

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

11. What is the ultimate, although quite distant, goal/objective in Hinduism?

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

12. What are the three disciplines that Krishna revealed in the Bhagavad-Gita?

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

13. Who is the supreme deity in Hinduism?

_____________________________________________________________________________
_____________________________________________________________________________

14. What similarities between Hinduism and Christianity are discussed in the video?

_____________________________________________________________________________
_____________________________________________________________________________

15. What is an avatar in Hinduism?

_____________________________________________________________________________
16. What is yoga? What has come through in Western practice, and what has largely been left behind?
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

17. What animal is considered to be sacred in Hinduism?
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

18. What is one of the most widely observed and popular celebrations in Hinduism and when is it usually celebrated?
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

19. What great modern practitioner of nonviolent resistance is discussed towards the end of the video and what significant role did he play in the history of India?
_____________________________________________________________________________
_____________________________________________________________________________